



*Vednidhi*  
VEDIC PRODUCTS

Vednidhi is an initiative based on a Vedic approach to bring daily use products at your doorstep, & also harness the organic potential of agricultural & farm based products.

*Promoting a Healthy, Sustainable  
& Eco-friendly livelihood for everyone.*

## **AMLA POWDER**

- Excellent source of Vitamin C.
- Lowers Cholesterol and prevents Heart Disease.
- Rich in Anti-oxidants and fights free radicals in body.
- Boosts immunity and helps prevent cough and cold.



## **ASHWAGANDHA POWDER**

- Reduces inflammation.
- Lowers Blood Glucose levels.
- Lowers Cortisol Levels (Stress Hormone).
- Improves Fertility and Reproductive Health.





## **MORINGA POWDER**

- Diabetic Support- helps to lower blood sugar.
- Antioxidants - fights free radicals, prevent infections and inflammation.
- Nutritional Support - loaded with minerals, protein, amino acids, vitamins and calcium and many micronutrients not found in other supplements.



## **GILOY POWDER**

- Rich in Anti-Oxidants.
- Anti-Ageing Properties.
- Wound healing properties.
- Beneficial in Gouty Arthritis.
- Anti-Viral and Controls Fever.
- Reduces anxiety by improving mental strength.

## CHYAWANPRASH

- Formulated using process mentioned in Ayurvedic scriptures: Sharngadhara, Samhita, Ashtanga-hridayam & Charaka Samhita.
- Prepared under the supervision of highly qualified & experienced Vaidya.
- Enriched with Indian Gooseberry (Amla)- a rich source of antioxidant.
- The number of medicinal herbs present in Vednidhi Chyawanprash are close to 60.



## IMMUNEX

- A popular Indian culinary spice & an authentic rustic flavor with dark brown colour.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### BENEFITS

- Enhances the taste of the food & adds a pleasant aroma to recipes.
- Rich source of selenium & manganese.
- Serves as a key ingredient in many salads, barbecue sauces & salad dressings.





### **MENTALIN CAPSULES**

- Improves Attention & Motivation.
- Improves mood and reduces depression.
- Reduces anxiety and calms nervous system.



### **LAKADONG TURMERIC CAPSULES**

- Anti-Inflammatory.
- Anti-Ageing.
- Immunity Booster.
- Skin Health Supplement.

## **MORINGA CAPSULES**

- Helps to Lower Blood Sugar.
- Known to Manage Weight Loss.
- Increases vitality & Energy Level.
- 100% Natural & Vegetarian Product.
- Prevents Infections & Inflammations.



## **LEMON GRASS GINGER TEA**

- Relieves anxiety.
- Lowers cholesterol.
- Prevents nausea.
- Helps in Digestion.
- Supports healthy Blood Sugar levels.
- Traditionally used to cure stomach problems.





## **GIR COW GHEE**

- Prepared using A2 milk from Indian Gir cows.
- A2 milk contains A2 Beta Case in which makes it a superior grade of milk compared to other varieties of milk which contain A1 Beta Casein.
- Vednidhi Ghee is prepared using traditional Bilona (churning) method at the site, maintaining highest industry standards.
- It is a Super food that contains numerous minerals, & herbs from an organic pasture & is free of any chemicals, hormones & pesticides exposure.



## **LAKADONG TURMERIC**

- Lakadong Turmeric is simply the best & most potent Turmeric Powder in the world.
- Highest amount of Curcumin (8.16 %).
- Organically grown, cold milled at our own facility, vacuum sealed at milling preserving aroma.
- Gluten free, Non GMO.
- Turmeric is a very powerful antioxidant, anti-inflammatory, anti-cancer & prevents/reverses Alzheimer dementia.



## **DHANIA SABUT**

- An aromatic culinary spice which adds a distinctive flavor to food & enhances the taste, texture & aroma when added to curries, dals, sambhar, rasam & gravies
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### **BENEFITS**

- Helps in slowing down the ageing process. Protects the skin from allergies and redness.
- Rich in vitamin K,C,B along with anti-oxidants. Good for weight loss & reduces unwanted fat from the body.





## **FENUGREEK SEEDS**

- A popular Asian culinary spice.
- Authentic sweet bitter taste with mild yellow colour.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### **BENEFITS**

- Can be eaten as a sprout or as a salad.
- It is popularly used in pickles, curry powder, & spice mixtures.
- Good for diabetics as it slows absorption of sugars & stimulates insulin production.

## **FLAXSEEDS**

- Unpolished hand-crafted indigenous flax seed.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### **BENEFITS**

- Rich source of cancer fighting Lignans .
- Great source for plant based proteins.
- High in Omega 3 Fatty Acids & anti-oxidants.



## **MUSTARD SEEDS**

- A popular Indian culinary spice.
- Authentic rustic flavor with dark brown colour.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### **BENEFITS**

- Enhances the taste of the food & adds a pleasant aroma to recipes.
- Rich source of selenium & manganese.
- Serves as a key ingredient in many salads, barbecue sauces & salad dressings.





### **KATHIYA DALIA**

- An ancient brownish (high bran) highly digestive wheat which is super rich in fiber, proteins, vitamins & minerals.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

#### **BENEFITS**

- A High Fiber diet.
- Manages Blood Sugar Levels.
- Lowers cholesterol levels & helps maintain a healthy weight.



### **HIGH FIBRE ATTA**

- An ancient brownish (high bran) highly digestive Kathiya wheat.
- Super rich in fiber, proteins, vitamins & minerals.
- Grown in natural ecosystem of Bundel-khand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost only.

#### **BENEFITS**

- A Good source of Vitamin B & E & fibers.
- Rich in minerals like Iron, Calcium, Zinc & Phosphorus.
- Lowers cholesterol levels & helps maintain a healthy weight.

## **MULTI-GRAIN ATTA**

- Indigenous multi-grain flour of Bundel-khand with 70% Kathiya Wheat, 20% Whole Chana & 10% Whole Barley.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermicompost.

### **BENEFITS**

- Keeps the Heart Healthy with High Fiber content helps in efficient digestion.
- Reduces the risk of spike in Blood Sugar levels.
- High in Protein & Rich in Complex Carbo-hydrates.



## **BESAN**

- Chickpea flour from indigenous variety of Bengal gram.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### **BENEFITS**

- Good for skin & hair health.
- Controls Diabetes & lowers cholesterol.
- A Rich source of soluble fibers & vegetable proteins.
- Hand milling preserves its natural taste & beneficial nutrients.





### **KALA CHANA SABUT**

- Unpolished hand-crafted whole grain Bengal gram. An indigenous variety of brown Chickpeas. Can be used as sprouts, salads or a curry. It is also consumed as a snack.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost only.

#### **BENEFITS**

- Rich source of iron, sodium, selenium & small amount of copper zinc & manganese & a good source of Folic Acid & contains Saponin (Anti-oxidant). It is also a rich iron source & beneficial for anemic individuals.



### **MASOOR SABUT**

- Unpolished hand-crafted whole grain red lentil. Indigenous variety of Bundelkhand.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost only.

#### **BENEFITS**

- Improves immune system & good for weight loss.
- An excellent source of dietary protein & fiber.
- Requires less water to grow & thus eco- friendly. It is richer in taste as compared to conventional masoor dal available.

## **CHANA DAL**

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- Low Glycemic Index.
- Small and Medium sized Indigenous variety.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost

### **BENEFITS**

- Popular source of Protein.
- Beneficial for Diabetic patients.
- Helps in lowering cholesterol in bloodstream.
- Rich source of iron, sodium, selenium & small amount of copper zinc & manganese.





## MASOOR DAL

- Unpolished red lentil hand milled in stone mill (chakki) in traditional style.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### BENEFITS

- A Rich source of dietary protein & good for weight loss.
- Improves immune system & helps in disease prevention.
- Hand milling preserves its natural taste & beneficial nutrients.



## ARHAR DAL

- Hand milled Unpolished with 10% grain cover.
- White & red indigenous variety of pigeon peas.
- Rich source of protein, fiber, vitamins & Minerals.
- Organically grown in natural ecosystem of Bundelkhand region of Uttar Pradesh (India) using grazing cattle manure & vermi-compost.

### BENEFITS

- Boosts digestion & helps in weight loss.
- A Rich source of dietary protein.
- Rich in potassium so helps in reducing blood pressure.





Get Vedic with  
**Vednidhi Vedic Products Pvt Ltd.**

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